

burnalong®

# Demo Walkthrough

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# Signing up for Online Membership

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# We would love to get to know you

Your responses will help us serve up personalized classes and programs just for you.

Female  Male

**Birthday** April 13 1986

**Height** 6ft. 0in.

**Weight** 180 lbs.

**Class Language** English (EN)

Burnalong uses Google Translate, would you take to apply your preferred selected language across the site?

# Where are you on your wellness journey?

Together, let's take it up a notch.

## Beginner

I'm just getting started (or restarted!)

## Intermediate

I do some but want to do more!













## Advanced

I'm happy with my activity and wellness level

Next

# What wellness categories interest you?

Choose as many as you like.

<b>Abs</b> 	Adaptive Workouts 	Arms 	Arthritis 
Audio Only 	Barre 	<b>Bodyweight</b> 	Bootcamp 
Boxing 	<b>Brain Health</b> 	Brain Injury 	Burnalong Live Events 

Next

# Which medical conditions are you interested in?

Choose as many as you like.

Anxiety	Arthritis	Brain Health	Cancer Wellness
Chronic Pain Management	Diabetes	Maternity Health	Mental Health
Musculoskeletal (MSK)	Parkinsons	Stroke	Women's Health

Next

## Based on your responses, we've got some recommendations for how you can start out strongest.

 **97% match**



Level 2 4.5 ★  
**Beginner Yoga for Hips- Open Twists**

 BODYWEIGHT  
 WELLNESS WITH A VIEW  YOGA

Instructor  
**Angela Watson**

**Top recommended program**

 **100% match**



Level 3 5 ★  
**Standing Abs**

 STARTERS  ABS

Instructor  
**Monte Sanders**

**Top recommended on-demand**





Level 3 4.5 ★  
**Muffin Blast**  
 ABS  
 Instructor  
**Monte Sanders**

Class Info I'm ready!

### Active Streaks

Keep your streaks alive.

DAY WEEK MONTH

**11 DAYS**

4/10 4/21

### Latest Achievements

View more

10 DAY STREAK Earned Today

1 WEEK STREAK Earned 4/2/24

5 DAY STREAK Earned 4/2/24

1 MONTH STREAK Earned 4/2/24

**RELEASED! September 2024**



# Stay consistent, get rewarded!

Continue

NEW!

## Introducing streaks!



### Start and keep a streak alive with any of the following actions.

The more actions you complete, the more likely you are to earn achievements.

Enroll in a program >

Post in community >

Record a wellness habit >

Take a live class >

Watch a video >

Write a class review >

Sounds good

### What is it?

A streak counts how often you do something. Do at least one action a day, week or month and you'll start an active streak. You can be on 3 different types of streaks simultaneously: day, week and/or month.

DAY  
1



Today



### Congrats!

You earned this streak achievement on 5/12/2024.



DAY STREAK

Good stuff

RELEASED! September 2024



# Signing up for Gym Membership

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No matter what your fitness or wellness goals are, we are here with you to help you achieve them!

[Get Started](#)



**Choose your package.  
Choose your price.**



Get fit wherever you work, live, and travel. Available to all full-time, part-time, and temporary U.S. Associates aged 18 or older as well as their spouses/domestic partners and dependents ages 18-25.



Membership  
Options



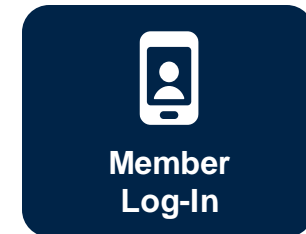
Fitness  
Locations



Get  
Started



FAQs



Member  
Log-In

## Start Using



### Register

Choose the membership level that works best for you.

Register Here



### Get Your Membership Card

Register and download membership cards for everyone in your profile



### Find a Gym

Search for a fitness location. You can visit as many different locations as you want within your membership level!



### Try it Out

Head to any participating location and provide your membership card or membership number during your initial visit.

And register for Bernalong® and access over 50,000 live and on-demand digital classes.



### Manage Your Membership

Log in to the **Member Portal** to manage your membership profile. You can add or remove eligible family members from your account, change membership level, or cancel your membership.

Log into Profile



A map of New York City showing various fitness center locations. A search overlay in the top left corner contains the text "New York, NY" and a "Get Directions" button. The map labels include EOS FITNESS, CRUNCH FITNESS, YMC, CURVES, ANYTIME FITNESS, PLANET FITNESS, 24 HR FITNESS, CRUNCH FITNESS, YMCA, CURVES, and EOS FITNESS. A "Go to my dashboard" button is located at the bottom center of the map area.

Sample locations in the network

